



# NUTRITION SERVICES

chartwells  
SERVING OUR STUDENTS & COMMUNITY

Parkway Parents,

We want your feedback!

Below is the link to a student survey that will help us understand how we can improve our program to suit your child's needs. Surveys will be distributed to MS and HS students, and we encourage parents of elementary students to sit down with your child to complete the survey.

## TAKE OUR ONLINE PARENT SURVEY



# Q1 Event Highlights



## S"MOO"thies for Sale!

As we honor National School Lunch Week, we celebrated the launch of our latest cafeteria concept, the Smoothie Station! Our variety of smoothies provide students with a healthy, drinkable breakfast, lunch or snack, packed with fruit and dairy in more than a dozen flavor combinations.

## Smoothie Bike Events

Over the summer, we received a grant through Chartwells for Blender Bikes. By manually pedaling on the bikes, you can blend your own smoothie! These have been a big hit across the district for *Discovery Kitchens*, Staff Wellness Events, and a great promo for the *S"moo"thie Program*.



# South High Incentives



This semester we began partnering with Parkway South High School to provide sweet treats for their for their monthly academic achievement incentive program!



## Parkway Food Pantry Annual Donation



### September Cheers Award Winner!

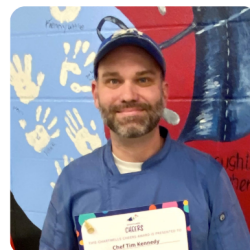


**Diana Hurd-O'Connor**  
Dietary Aide - Parkway Southwest Middle School



Diana is a positive force of nature in the Southwest Middle kitchen. She is exemplary in her dietary aide role and has simultaneously been fulfilling the Kitchen Lead requirements, with great success, until one is permanently in place. Diana's commitment is to be admired, her great attitude is to be commended and I wish we had a dozen more employees just like her.

### October Cheers Award Winner!



**Tim Kennedy**  
Region Chef - Parkway West High School



Consistently driving the culinary program forward, coming up with innovative ways to utilize product (e.g. pizza turned into stromboli on Monday), willing to do more (hydration stations), he goes above and beyond.



Chartwells is the first in the child nutrition industry to have its allergen management training courses certified by Food Allergy Research and Education (FARE). Parkway has nearly all associates trained and Farecheck Allergy Certified, and we plan to get our official Farecheck Certification before the end of 2022.



# Global Eats

Northeast Middle was one of the first schools in the country to participate in a new Chartwells pilot program called, "Global Eats". The students made stops at four different countries, traveling first through Mexico, Italy, India, and finally China. Each week, new menu items were introduced featuring unique ingredients and authentic recipes from each featured country. The recipes for Global Eats were created in partnership with a series of celebrity chefs who specialize in global cuisines, making this concept even more unique! It was a great way for students to taste and learn about foods from outside their family's recipes or traditional cultural dishes.





# STUDENT CHOICE

FOOD YOUR WAY

Here are a few of our winning concepts this semester!

Each month, Chartwells is featuring a Student Choice option on the menu. This option is decided upon by the students, during a sampling/voting event that allows the students to taste new concepts and decide which one they would like served in their cafeteria the following month!



Mood Boost is a special, seven week program that helps students learn how food can impact their mood, and help them to feel their personal best.

**Alert, Calm, Confident, Happy, Smart, and Strong** are the moods that we are discovering, through characters called Moodies.

Mood Boost is running in all elementary schools through mid- December.



# A La Carte Items



A la carte snacks are provided to allow students to purchase additional food items to satisfy their appetite and to fuel their mind and body. We think it is important to offer variety of options & to ensure that food is always available. Every snack that is sold in the cafeteria must meet Smart Snacks Guidelines set by the USDA.

Is your child eligible for the free & reduced meal program? If you're not sure, call our office at 314-415-8245. All students on the free & reduced meal program are encouraged to participate in breakfast and lunch service!

## Contact Us

**Rachael Mintz, RD, LD, CEDRD-S**

Director of Child Nutrition

Rachael.Mintz@compass-usa.com

Office: 314.415.8248

### **Nutrition Services Office**

363 North Woods Mill Rd.

Chesterfield, MO 63017

314-415-8245



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@healthymealpkwy